



Middle Atlantic Wrestling Association
2023 Girls Only East Regional Championships



Tournament Coordinator: Paul Edwards (267) 241-9649 cell **Tournament Director:** Joe Erb
Site: The Newtown Athletic Club, 120 Pheasant Run Road Newtown PA 18940

WEIGH-IN TIMES: Friday, April 21, 2023 6-9 p.m. NO SATURDAY WEIGH-INS PERMITTED
ONE (1) LB WEIGHT ALLOWANCE - MUST BE IN A SINGLET OR WRESTLING UNIFORM

STARTING TIME: Saturday, April 22, 2023 at 10:30 a.m.

**FULL DOUBLE ELIMINATION TOURNAMENT. ONLINE REGISTRATION & PAYMENT REQUIRED.
NO WALK-INS ACCEPTED.**

**COMPETITORS SHOULD SELECT A WEIGHT THEY CAN HOLD FOR
THE EASTERN NATIONAL CHAMPIONSHIPS**

WEIGHT CLASSES and AGES:

GIRLS BANTAM DIVISION (Born in 2015 and after):

WEIGHTS: 41, 46, 51, 56, 61, 66, 86 MAX.

GIRLS MIDGET DIVISION (Born in 2014, 2013, 2012):

WEIGHTS: 55, 61, 68, 75, 84, 93, 103, 134 MAX.

SCHOOLGIRL DIVISION (Born in 2011, 2010, 2009):

WEIGHTS: 70, 78, 86, 95, 105, 115, 130, 170 MAX.

HIGH SCHOOL DIVISION (Born in 2008, 2007, 2006, 2005, 2004) must NOT be a HS graduate:

WEIGHTS: 96, 103, 110, 118, 125, 132, 140, 148, 158, 175, 190, 250 MAX.

EVERYONE MUST COMPLETE IN THEIR OWN AGE DIVISION EXCEPT THOSE WHO EXCEED THE MAXIMUM WEIGHT.

All female athletes should register at the weight they expect to wrestle at Eastern Nationals. You will only be qualified at your regional weight +1 pound. In the event of smaller numbers in the Girls Divisions, we will use Madison weights at the Regional Tournament only.

LENGTH OF BOUTS: Girls Bantam & Girls Midget: Three 1-minute periods. SchoolGirl & High School: Three 1½ minute periods. Overtime sudden death: One 1-minute period followed by a 30-second period, if necessary.

WRESTLING RULES: Modified P.I.A.A. rules; P.I.A.A. officials will be used. **Everyone must have proof of age if challenged, including the person issuing the challenge.** Any entrant who falsifies information on an application to enter a MAWA Tournament will be subject to a one-year suspension from the program, effective immediately upon discovery. *NOTE: Wrestlers in the GIRLS ONLY divisions may compete in multiple Regional Tournaments for 2023. No pre-qualification is necessary at the District Level in the GIRLS ONLY divisions to enter the Regional Tournaments.*

AWARDS: Medals will be given to the top four finishers in each weight class.

UNIFORM: One-piece singlets or two-piece uniforms are required. **HEADGEAR IS MANDATORY.**

ENTRY FEE: \$35.00.

ADVANCEMENT: The top **SIX** place winners in the Regional Tournament will advance to the Middle Atlantic Eastern National Championships to be held **May 6th** at Wicomico Civic Center, Salisbury, MD. A \$30 advancement fee will be collected at the Regional Tournament. An additional 1 lb. weight allowance will be given at Eastern Nationals.

SPECTATOR ADMISSION: \$10 per person. A camp chair or other small, portable seat is recommended as there is no seating. Absolutely NO air mattresses or canopies will be allowed in the building. Camp chairs only will be permitted.

PROOF OF AGE: Proof of age must be carried by all contestants at all tournament levels. Any challenge of age requires each wrestler to produce age documentation at the time of challenge, or no challenge is allowed.

This MAWA scholastic style tournament is not affiliated with the AAU. No AAU card is required to participate in the program.

ONLINE REGISTRATION AND PAYMENT REQUIRED AT www.mawawrestling.com