



# MIDDLE ATLANTIC WRESTLING ASSOCIATION

**FLOWRESTLING**  
OFFICIAL LIVE STREAM PARTNER

## Preliminary District Tournament

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**Location:** HOWARD HIGH SCHOOL, 8700 Old Annapolis Rd., Ellicott City, MD, 21043

**Date:** Saturday, March 29th, 2025

- Session 1 – Bantam, Midget, Junior, Intermediate, Open **Start Wrestling at 9:00 AM**
- Session 2 – Advanced, Elite **Start Wrestling at 1:00 PM**

**Admission:** Adults \$10.00 and Students \$5.00 *Concessions will be available all day!*

**Weigh-ins:** **MUST BE IN A SINGLET OR 2 PIECE WRESTLING UNIFORM**

- **All Divisions – Friday, March 29<sup>th</sup>, 6 pm – 8 pm.**
- **Advanced, Elite – (Additional Option) Saturday, March 30<sup>th</sup>, 9 am – 10 am.**

**COMPETITORS SHOULD SELECT A WEIGHT THEY CAN HOLD FOR THE REGIONALS AND EASTERN NATIONALS**

**WEIGHT CLASSES AND AGES:** *(No weight allowance for singlet is given! Weigh-ins are scratch weight!)*

Division	Birthdate	Weight Classes
Bantam	Born in 2017 and after	40, 44, 48, 52, 56, 60, 65, 73, 93 MAX
Midget	2015-2016	50, 54, 58, 62, 66, 70, 75, 80, 85, 93, 105, 134 MAX
Junior	2013-2014	58, 62, 66, 70, 74, 78, 82, 86, 91, 98, 108, 120, 140, 166 MAX
Intermediate	2011-2012	75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 128, 136, 150, 175, 220 MAX
Advanced	2009-2010	93, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 285 MAX
Elite	2007-2008	111, 118, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 285 MAX
Open	Before 2007	125, 135, 142, 150, 158, 167, 177, 190, 220, 295 MAX

**EVERYONE** must compete in their own age division **EXCEPT** those who exceed the **MAXIMUM** weight.

**LENGTH OF BOUTS:** Intermediate, Advanced, Elite, & Open: Three 1 1/2-minute periods; All Others three 1-minute periods; Overtime-Sudden Death: One- 1 minute period followed by a 30-second ride-out period if necessary.

**WRESTLING RULES:** USA Wrestling Card **NOT** required. This is a Folkstyle Tournament. MD officials and MPSSAA modified rules will be used. **EVERYONE** must have **PROOF OF AGE** if challenged, **INCLUDING** the **PERSON ISSUING** the challenge. **IMPORTANT:** Once you have qualified for the **REGIONAL TOURNAMENT**, you **MAY NOT** enter another **DISTRICT TOURNAMENT**. **ANYONE WHO DOES WILL BE DISQUALIFIED FROM ADVANCING TO THE REGIONAL TOURNAMENT.** Any entrant who falsifies information on an application to enter a District or Regional MAWA Tournament will be subject to a one-year suspension from the program, effective immediately upon discovery.

**AWARDS:** Medals will be given to the top three finishers in each weight class.

**UNIFORMS:** One-piece singlet or two-piece uniforms are **REQUIRED**. Headgear is not required. Facial hair allowed.

**ENTRY FEE:** **\$40-\$45 based on Division.** Online Entries ([Trackwrestling.com](http://Trackwrestling.com)->events->search events->enter Howard in "Event Name" and click **Search**->click the **Pre-register** under **MAWA District Tournament – Howard**.

**WEIGHT CHANGE FEE:** \$10.00 (**CASH ONLY**). Weight Changes will be accepted and must be paid at weigh in.

**REFUNDS:** \$5.00 Refund fee will be applied. No Refund request will be accepted after the wrestler limit is reached.

**PRE-REGISTRATION DEADLINE:** 3/27/25. Walk-in fee is \$50.00. **CASH ONLY**. Bring it with you. Registration is limited to the first **450 PAID** entries. No entries, including walk-ins, will be considered if the limit is reached. **We have reached the limit in previous years and expect the same this year. Register early to confirm your spot.**

The top **FOUR** place winners in this tournament will advance to the **SOUTH** Regional Tournament to be held on Saturday, April 12 & Sunday April 13 at the Wicomico Civic Center in Salisbury, MD including Open Division. There will be a **\$30 Cash** advancement fee to be collected at the District Tournament. **The advancement fee is expected to be paid before leaving the District Tournament.** A 1 lb. weight allowance will be given at the Regional Tournament.

The top **FOUR** place winners in the Regional Tournament advance to the Middle Atlantic Wrestling Association's Eastern National Championships on May 3 – May 4 at Wicomico Civic Center, Salisbury, MD including Open Division. There will be a \$30 Cash or \$32 Card advancement fee to be collected at the Regional Tournament. **The advancement fee is expected to be paid before leaving the Regional Tournament.** Fifth and sixth places are alternates. An additional 1 lb. weight allowance (2 lb. total) will be given at the Eastern National Championships.