



# MIDDLE ATLANTIC WRESTLING ASSOCIATION

**FLOWRESTLING**  
OFFICIAL LIVE STREAM PARTNER

## Preliminary District Tournament

Tournament Director : Vince Di Mitri

Email: [vincedimitri1@gmail.com](mailto:vincedimitri1@gmail.com)

Tournament Location: Fair Lawn High School (B gymnasium)

Tournament Address: 14-00 Berdan Ave, Fair Lawn, NJ 07410

DATE: March 29th, 2026 SPLIT SESSION

TIME: 9:00 am start for Bantam, Midget, Junior, Intermediate. 12:30 pm start for Advanced, Elite, and Open

WEIGH-INS: Saturday, March 28th 2026, 8:00 am- 1:00 pm. (Located in the Gym at Memorial Middle school, 12-00

First St (No satellite or virtual weigh in. Must be in person).

**ONLINE REGISTRATION:** ([Register here](#))

<https://events.flowrestling.org/event/29e0a9c3-4b61-4a2b-8acb-debc989bf944/summary>

### MUST BE IN A SINGLET OR 2 PIECE WRESTLING UNIFORM

### COMPETITORS SHOULD SELECT A WEIGHT THEY CAN HOLD FOR THE REGIONALS AND EASTERN NATIONALS

#### WEIGHT CLASSES AND AGES:

**Bantam Division:** (Born in 2018 and after)

Weights: 40, 44, 48, 52, 56, 60, 65, 73, 93 MAX.

**Midget Division:** (Born in 2016 and 2017)

Weights: 50, 54, 58, 62, 66, 70, 75, 80, 85, 93, 105, 134 MAX.

**Junior Division:** (Born in 2014 and 2015)

Weights: 58, 62, 66, 70, 74, 78, 82, 86, 91, 98, 108, 120, 140, 166 MAX.

**Intermediate Division:** (Born in 2012 and 2013)

Weights: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 128, 136, 150, 175, 220 MAX.

**Advanced Division:** (Born in 2010 and 2011)

Weights: 93, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 285 MAX.

**Elite Division:** (Born in 2008 and 2009)

Weights: 111, 118, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 285 MAX.

**Open Division:** Born before 2008

Weights: 125, 135, 142, 150, 158, 167, 177, 190, 220, 295 MAX.

EVERYONE MUST COMPETE IN THEIR OWN AGE DIVISION EXCEPT those who exceed the MAXIMUM weight.

-Fair Lawn will be a single elimination tournament until the semifinals.

**LENGTH OF BOUTS:** Intermediate, Advanced, Elite, & Open: Three 1 1/2 minute periods; All Others three 1 minute periods; Overtime-Sudden Death: One- 1 minute period followed by a 30 second ride out period if necessary.

**WRESTLING RULES:** P.I.A.A. Modified rules; P.I.A.A. officials will be used. **EVERYONE** must have **PROOF OF AGE** if challenged; **INCLUDING** the **PERSON ISSUING** the challenge. **IMPORTANT:** Once you have qualified for the **REGIONAL TOURNAMENT** you **MAY NOT** enter another **DISTRICT TOURNAMENT**. **ANYONE WHO DOES WILL BE DISQUALIFIED FROM ADVANCING TO THE REGIONAL TOURNAMENT.** Any entrant who falsifies information on an application to enter a District or Regional MAWA Tournament will be subject to a one-year suspension from the program, effective immediately upon discovery.

**AWARDS:** Medals will be given to the top **FOUR** finishers in each weight class.

**UNIFORMS:** One-piece singlet or two piece wrestling uniform are **REQUIRED**.

**ENTRY FEE:** \$40.00 **MUST ACCOMPANY THIS APPLICATION**

**DEADLINE FOR ENTRIES:** 3/26/26 8:00 pm ONLINE REGISTRATION CLOSES or at Max Capacity (450). NO WALKINS AT TOURNAMENT. NO EXCEPTIONS.

**SPECTATOR ADMISSION:** \$5.00 entry per person (Adult or Child per day) **CASH ONLY**

\* \* HOT FOOD AND SNACKS WILL BE AVAILABLE ALL DAY \* \*

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The top **FOUR** place winners in this tournament will advance to the **EAST** Regional Tournament to be held on Saturday, April 18 & Sunday April 19 at the Executive Education Academy Charter School in Allentown, PA including Open Division. There will be a **\$30 Cash or \$32.50 card** advancement fee to be collected at the District Tournament. **The advancement fee is expected to be paid before leaving the District Tournament.** A 1 lb. weight allowance will be given at the Regional Tournament.

The top **FOUR** place winners in the Regional Tournament advance to the Middle Atlantic Wrestling Association's Eastern National Championships on May 02 and May 03 at Wicomico Civic Center, Salisbury, MD, including Open Division. **There will be a \$32.50 advancement fee collected through your EventConnect account at the Regional Tournament.** **The advancement process is expected to be completed before leaving the Regional Tournament.** Fifth and sixth places are alternates. Fifth and sixth place wrestlers **should** complete the advancement process if they are

interested in competing at the Eastern National Championships but will only be charged the advancement fee if a spot is available. You will be contacted by email/text if there is an opening. An additional 1 lb. weight allowance (2 lb. total) will be given at the Eastern National Championships.

*THIS MAWA SCHOLASTIC STYLE TOURNAMENT IS NOT AFFILIATED WITH THE A.A.U. NO A.A.U. CARD IS REQUIRED TO PARTICIPATE IN THIS PROGRAM*



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Visit [www.mawawrestling.com](http://www.mawawrestling.com) for the latest schedule.